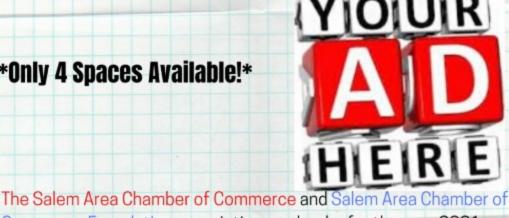


JULY 8, 2020 CHAMBER NEWSLETTER

CHAMBER EVENTS

Promote Your Business in the 2021 Salem Area Chamber of Commerce Calendar

Only 4 Spaces Available!



Commerce Foundation are printing a calendar for the year 2021. Chamber members can place a promotional ad in the calendar for

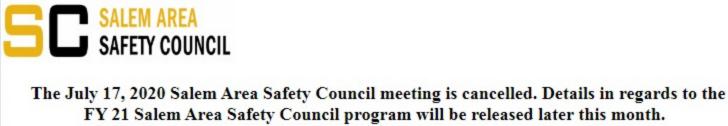
\$500. The calendars are 11" x 17" with full color, horizontal ads being 10" wide x 7.5" tall. 2020 was the first year for the Chamber calendars. As with all new

things, we hope to make the 2021 calendars even better. The calendars will be distributed to approximately 350 Chamber members with the remaining calendars circulated throughout the community. You do not want to miss this great marketing opportunity! Reserve your month today by contacting the Chamber at 330-337-3473 or info@salemohiochamber.org. Deadline is August 28, 2020. *Ad subject to approval by the Salem Area Chamber of Commerce and

Salem Area Chamber of Commerce Foundation. *Please indicate months of 1st Choice, 2nd Choice and 3rd Choice.

*If there are not enough participants, the calendar will not be printed.

SALEM AREA SAFETY COUNCIL NEWS



DISCOUNT AVAILABLE FOR

SOLE PROPRIETORS/SMALL BUSINESSES

Anthem. SMALL BUSINESS



SOCA Central Ohio DAYTON COSS YOUNGSTOWN



In addition to financial protection, employers receive: **FIND OUT HOW YOUR** · Competitive rates. **GROUP CAN SAVE** Fixed, predictable monthly payments.

part of a large, self-funded pool, they receive financial protection backed by Anthem's stop loss coverage.

· Anthem's broad Blue Access PPO provider network and Essential Rx drug list.

· A variety of plan designs.

- Coverage for claims run-out/terminal liability coverage. · Expanded wellness offerings.
- · Exclusive rates and plan options including vision, life, disability and more.2
- SAVE 20 25% ON YOUR MONTHLY MEDICAL SPEND WITH THE SOCA BENEFIT PLAN.3



CHAMBER MEMBER EVENTS



Simply Scarves... And Such

acclaimed, award winning singer/ songwriter

7:00 - 10:00 P.M. 530 EAST STATE STREET

SATURDAY, JULY 11

Grammy nominated, Internationally



VIRTUAL



BROOKDALE Bringing New Life to Senior Living* brookdale.com

Continuing Education

For reservations or more information, call

Fighting Dementia with Food: MIND and Mediterranean Diets Sara Casey Fagan, RDN, CSG, LDN, Director of Nutrition Research shows eating a Mediterranean diet can offer a protective effect on brain health and is associated with a decreased rate of cognitive decline. The Mediterranean diet is also effective in reducing the risk of cardiovascular diseases. The MIND diet is a combination of the Mediterranean and DASH eating patterns and encourages many plant-based foods in addition to fish and poultry. This presentation will give an overview of the components of both diets and potential health and cognitive benefits and review strategies for implementing these diets with older adults.

 Describe at least two potential health benefits of eating a Mediterranean-style diet List at least two examples of strategies for incorporating MIND and Mediterranean diet elements into daily meals Describe how to apply the MIND and/or Mediterranean diet elements to the older adult

· Identify the main dietary components of the MIND and Mediterranean diets

Following this presentation the participant will be able to:

Optimum Life

Series

2020

This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE useff when presented in the anosh listed.

CE useff when presented in the anosh listed.

This activity has been submitted to the Oble Nurses Association for approved to award contact hours. The Ohlo Nurses Association is accredited as an approver of continuing manting education by the American Nurses Credentialing Center's Commission on Accreditation (Olih-006-80).

This program has been submitted (but not yet approved) for Continuing Education for I/O hour feem NAB/INCESS.

This activity is pending approved from the National Association of Social Workers.

This program has been submitted to the Commission for Cost Manager Certification for approval to provide board certified case managers with 10 hour.

Revuisidad Senier Living in. is recognized by the New York State Education Department's State Bound for Social Work as an approved provider of certification and approved to provide the New York State Education Department's State Bound for Social Work as an approved provider of certification and provide acceled workers 40025.

Brookdale Salem AL (OH) Wednesday, July 15 Assisted Living 11:30 a.m. To 12:30 p.m. Zoom Meeting ID 949 8881 7501 1916 S Lincoln Ave For reservations or more information, call

Terri Schade (234) 320-8628

BROOKDALE

Bringing New Life to Senior Living

This course is approved by the Michigan Social Work Conti - Call (312) 977-3711 for more information about contact hours

Salem, OH 44460-4312

Thank You

For Your Support! Salem

ATTRIBUTE OF THE STATE OF THE S





Adamson Veterinary Services Byler, Wolfe, Lutsch & Kampfer CPAs, Inc. Copeland Oaks/Crandall Medical Center

Farmers National Bank

Ventra Salem LLC Kent State University at Salem

NovaCare Rehabilitation

Lyle Printing & Publishing, Inc.

Salem Regional Medical Center

Morris Financial Group Salem Amvets Post 45 Essential Vision Care Salem Computer Center Governor Insurance Agency, Inc. Sanor Insurance Harrington, Hoppe & Mitchell, Ltd. **Home Savings Bank** The Moore Agency

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